



2010 Lincoln Wrestling Club Tournament

Sunday, February 14, 2010
Lincoln East High School, 70th & A

	Ages	Weigh-Ins	Wrestle
Division A	5-6	7:00-8:00 a.m.	9:00 a.m.
Division B	7-8	7:00-8:00 a.m.	9:00 a.m.
Division C	9-10	By 10:00 a.m.	11:00 a.m.
Division D	11-12	By 12:00 noon	1:00 p.m. (Approx.)
Division E	13-14	By 2:30 p.m.	3:30 p.m. (Approx.)

****Absolutely No Late Weigh-Ins Allowed****

****REPUTATION OF RUNNING ON TIME****

****WRESTLERS WILL BE BRACKETED ACCORDING TO RECORD & YEARS OF EXPERIENCE****

Floor Access Will Be Limited To Coaches & Wrestlers Only

*** No Freshmen***

**2 calls to the mat before your wrestler will be disqualified	**Bracketing done day of tournament
**Coaches meeting at 8:30 a.m.	**Limit 700 wrestlers
**Three 1 minute periods Division A-C	**We reserve the right to change bracketing as needed
**1½ minute periods Division D-E	

FORMAT: 4-man round robin; Division C-E will also have Champion of Champion

ENTRY FEE: \$15.00 per participant (NO REFUNDS). Entry fee must accompany entry.

ENTRY DEADLINE: FEBRUARY 11, 2010

OFFICIALS: Only certified officials used.

AWARDS: Divisions A & B: Trophies for 1st and medals for 2nd thru 4th.
Divisions C, D & E: Medals for 1st thru 4th. Trophies for Champion of Champions.

ADMISSION: Adults - \$3.00 Children-\$1.00

CONCESSIONS: All day

INSURANCE: AAU Insurance Required

CHECKS PAYABLE TO: Lincoln Wrestling Club, P.O. Box 6921, Lincoln, NE 68506

QUESTIONS/CALL: Heidi Hergott (402) 328-8846 (home), (402) 430-0495 (cell), hhergott@msn.com

PLEASE COMPLETE AND RETURN THE BOTTOM PORTION OF THIS FORM BY FEBRUARY 11, 2010

NAME: _____ **AGE:** _____ **DOB:** _____

ADDRESS: _____ **WEIGHT:** _____

CLUB: _____ **COACH:** _____

2009 WINS: _____ **LOSSES:** _____ **2010 WINS:** _____ **LOSSES:** _____

PARENT NAME: _____ **PHONE:** _____

LIABILITY WAIVER: In consideration of your accepting this entry, I hereby for myself, my heirs, my executors, and administrators, waive and release Lincoln Wrestling Club and Lancaster County School Board District #001 of liability for any and all injuries suffered by me at or in connection with the 2010 Lincoln Wrestling Tournament.

Parent's Signature
