



## AAU Middle School Duals 2010



**Simpson College, Indianola, Iowa April 10-11**

### **Must Qualify at AAU Nebraska State Folkstyle Championships 3/14/10**

Huskerland & AAU will be taking teams to the AAU Middle School Duals. We will be going to Simpson College. We will be taking 6, 7 & 8 graders in the following weight classes 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 250. The 1<sup>st</sup> placer in the 6<sup>th</sup> grade can wrestle of for a spot by challenging the 7 & 8 grade division runner-up. These wrestle offs will be at the discretion of the AAU directors. This tournament will be funded by both AAU Nebraska & Huskerland Duals. As these tournaments grow, we should see cost go down. This year it will be \$200 per wrestler. This will include all transportation (Charter bus), food, entry fee, Singlets & dry fit simulated long sleeves shirts, shorts, jackets and bags, all for your wrestler to keep and take home. Although we cover all of the trip, we suggest you send your wrestler with some cash. We will require a deposit (\$100) at our state tournament with balance (\$100) due the following week. Check payable to AAU Nebraska. We have a few seats on the bus, they are first come first serve. Speak up fast, they will go quick.

Gear can be found at [www.huskerland.org/huskerlandduals.html](http://www.huskerland.org/huskerlandduals.html) & <http://www.huskerland.org/nationalteams.html>

Tournament info at [www.ausports.org](http://www.ausports.org)

I will need all contact info for wrestlers and parents. E-mail is how I will contact and stay in touch with the majority of the teams. This is very important info to have for us. We will need grade verification, birth certificates and AAU cards for all team members.

We are at Valley West Inn, 3535 Westown Parkway, West Des Moines, (515) 225-2524

I have 40 rooms reserved. You need to reserve them through me. I will call Valley Inn and put the room in your name, you will need to contact the hotel with your credit card guarantee.

There will be a team practice on Thursday at 7 p.m. at North Star High School in Lincoln. Gear will be disbursed at the end of practice.

We will meet at the U-Stop at I-80 and 27<sup>th</sup> Street in Lincoln. We will want to leave by 10 a.m. on Friday, April 9<sup>th</sup>

Good luck to all of your wrestlers. This is a event to remember!

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